16th Annual
Canadian Society of Hospital Medicine
Conference
October 25-27, 2018
Fairmont Chateau Whistler
Whistler BC

~ Hospitalists Leading Change ~
Target Audience
This interactive conference will provide clinically relevant updates to hospital medicine physicians, general internists, emergency/outpatient, rural, palliative care, family physicians providing in-patient care, nurse practitioners, residents, and students.

2018 Conference Objectives
1. Review current work-up and therapeutic approaches for common inpatient clinical presentations
2. Identify essential skills required to care for medically complex adult inpatients
3. Highlight QI initiatives and Hospitalist projects via the abstract poster competition
4. Develop informal networks with other Hospitalists and specialists

Join the Canadian Society of Hospital Medicine today!

Membership Fee: $150

Physicians Only:
If you join the CSHM and register for the 2018 Annual Conference, you will save $75 off the 2018 conference registration price.

Register Online: https://canadianhospitalist.ca/about/membership

The CSHM is committed to promoting the highest quality of care for all hospitalized patients. The CSHM support Canadian health care providers promoting excellence in the practice of hospital medicine through education, advocacy, and research.

Contribute to the future of Hospital Medicine in Canada today!
Join CSHM and experience the benefits of membership:

• Advocacy for hospital based practice
• Discount at the annual national conferences
• Opportunity to participate on Quality Improvement, Education and other CSHM committees
• Participation in a collective voice speaking on behalf of hospitalists and their patients, working to shape the public perception of hospitalists, and guiding the future direction of hospital medicine
• Interact with hospitalist colleagues from across Canada
• Access to the canadianhospitalist.ca website
# Friday OCT 26

**0700 - 0745**  
**Time for the 3R’s—Rise, Register & Refresh**  
Breakfast, Registration and Exhibit Area Opens  
- Welcome & Opening Remarks  
  Dr. Sayeeda Hudani  
  *Conference Committee Chair*  
- **KEYNOTE:** Motivate to Become Leaders  
  Dr. Joshua Tepper  
- Sepsis  
  Dr. David Sweet  
- Opiates Crises Update and Management of Safe Opiate Use  
  Dr. John Koehn

**0940 - 1000**  
**Nourishing Greatness**  
Refreshments in the Exhibit Area  
- Cardiology Update  
  Dr. Richard Vandegriend  
- Articles that Changed My Practice  
  Dr. Simon Moore  
- **PANEL:** Q&A with the Plenary Speakers  
  Moderated by: Dr. Omar Sharif

**1000 - 1130**  
**Feast Your Mind**  
Lunch Buffet in the Exhibit Area  
- **LUNCH PLENARY:** Tools to Undertake a Site QI Initiative  
  Dr. Steve Ligertwood  
- Alcohol Withdrawal Management and Relapse Prevention  
  Dr. John Koehn  
- Stroke Update/Management  
  Dr. Jaskiran Brar  
- Lung Mass with a COPD Patient  
  Dr. Robert Kyskan

**1130 - 1245**  
**Nourishing Greatness**  
Refreshments in the Exhibit Area  
- HTN Management in Renal, HF and Stroke patients  
  TBA  
- Thrombosis Updates, PE’s & DVT’s  
  Dr. Maggie Constantine  
- **PANEL:** Q&A with the Plenary Speakers  
  Moderated by: Dr. Joe Raath

**1245 - 1425**  
**Concurrent Workshops:**  
Each workshop is one hour. Participants to select ONE workshop.  
- **A**  
  Difficult Conversations with Patients  
  Dr. Karen Shklanka  
- **B**  
  Leadership: Contract Negotiations and Scheduling  
  Dr. Kieran Nair & Dr. Michael Paletta  
- **C**  
  Poster Presentations & Awards  
  Dr. Vandad Yousefi  
- **D**  
  Canadian Society of Hospital Medicine: President Address  
  Dr. Serge Soolsma  
  *CSHM President*  
- **E**  
  Day in Review Remarks / Complete Evaluations  
  Moderated by: Dr. Joe Raath

**1425 - 1540**  
**Unwind**  
- AGM: Provincial Board Meeting  
  Chaired by: Dr. Michael Paletta  
- Canadian Society of Hospital Medicine AGM  
  Chaired by: Dr. Serge Soolsma

**1540 - 1640**  
**Veni Vidi avec Vino**  
Join us in the Frontenac Foyer for an evening among friends.  
Open to all attendees, guests, and exhibitors  
- Accredited by UBC CPD  
  FRIDAY Oct 26  
  Accredited for 8.0 credits  
  *Mainpro+ / MOC Section 1*  

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**Canadian Society of Hospital Medicine**
# Saturday OCT 27

## Start End

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<th>0700</th>
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### Time for the 3R’s—Rise, Register & Refresh
Breakfast, Registration and Exhibit Area Opens

## Concurrent Workshops:
Participants to select TWO 90-minute workshops or select Workshop H1 (3 hours)

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<thead>
<tr>
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<tbody>
<tr>
<td><strong>D1</strong></td>
<td>Conflict Resolution</td>
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<td><strong>E1</strong></td>
<td>CMPA: Transitions in Care</td>
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<td><strong>F1</strong></td>
<td>Choose Wisely: How to Implement QI</td>
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<td><strong>G1</strong></td>
<td>Medical Assistance in Dying (MAiD)</td>
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<th>0800</th>
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<tr>
<td><strong>H1</strong></td>
<td>Depression Wellness Documentary: Trained in a Culture of Performance <em>(3 hour session—does not repeat)</em></td>
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<td>Also Featuring: How to Start a Wellness Program</td>
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### Nourishing Greatness
Refreshments in the Exhibit Area

## Concurrent Workshops Repeat:

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### Free/Open Time with Exhibitors

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### Feast Your Mind
Lunch Buffet in the Exhibit Area

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<th>1140</th>
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<td><strong>Society of Hospital Medicine: CEO Address</strong></td>
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### LUNCH PLENARY: Pneumonia

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<td><strong>Oncology Update</strong></td>
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<td><strong>Hematology: What to do with a Bleed?</strong></td>
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<td><strong>Endocrinology: Diabetes Update</strong></td>
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<td><strong>COPD Update</strong></td>
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### Nourishing Greatness
Refreshments in the Exhibit Area

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<td><strong>PANEL: Q&amp;A with the Plenary Speakers</strong></td>
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<td><strong>Closing Remarks / Complete Evaluations</strong></td>
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### CONFERENCE ENDS
*Enjoy the rest of your time in Whistler!*

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### Accredited by UBC CPD
SATURDAY Oct 27
Accredited for 6.5 credits

*Mainpro+ / MOC Section 1*
Pre-Conference Workshops

**HOUSE IM COURSE:**
**Point-of-Care Ultrasound for Practitioners in the Acute Care Setting**

THU, OCT 25 | 0800-1645  
Fairmont Chateau Whistler  
Max 12 participants  
Cost: $1400

The Hands-On Ultrasound Education (HOUSE) Program delivers adaptive, innovative POCUS training to meet the learning needs of acute care physicians. The course day includes applications to expedite diagnosis and treatment of urgent or life-threatening conditions. The low learner to instructor ratio (2:1) allows for personalized learning and scanning on live models and ensures that each participant gains quality, hands-on practice time.

This customized course for hospitalists and general internists features the Ultrasound for IM module, including:

- Basic ultrasound physics and machine operation & image acquisition
- JVP and IVC for CVP and volume assessment
- Lung ultrasound: lung artifacts, interstitial syndromes (including pulmonary edema), pleural effusions, and pneumothorax
- Cardiac ultrasound: basic windows, LV systolic function, pericardial effusions
- Ultrasound of bladder and kidneys to identify urinary retention and hydronephrosis
- Ultrasound for bedside procedures: arterial line, peripheral IV and CVC insertion, and landmark for lumbar puncture

This program is accredited for 10.5 MOC Section 3 credits.

**LEADERSHIP COURSE:**
**Hospitalists as Leaders of the Healthcare System: Effective Leadership in a Time of Constant Change**

THU, OCT 25 | 0800-1630  
Fairmont Chateau Whistler  
Max 35 participants  
Cost: $250

This workshop is intended for hospitalists who wish to better understand their larger role in the health care system and how to apply leadership strategies to effect positive change at their sites. The learning objectives for this interactive workshop are:

1. To understand the healthcare system and the role that hospitalists can play in leading and managing the system.
2. To understand the attributes of a high performing health care system and how they apply to hospital medicine programs.
3. To learn strategies to engage health system administrators and physicians in order to effect positive change.
4. To apply high level concepts of leadership, high performing organizations, and engagement at your local sites.
5. To learn from other hospitalist programs from across Canada on how select organizations have adopted and implemented these concepts with success.

This workshop includes the following modules:

- **Leading in a Changing Environment** - Dr. Joshua Tepper
- **High Performing Healthcare Organizations & Hospitalist Programs** - Dr. James Eisner
- **Engaging Physicians in Quality & Change Effort** - Dr. Vandad Yousefi
- **Nuts & Bolts of Successful Hospitalist Programs** - Dr. Stephen Chin
- **Workload Measurement & Scheduling in Hospitalist Programs** - Dr. Mark Evans
- **Discussion: Challenges in Leading Hospital Medicine Programs** - PANEL + Dr. Michael Paletta

Chair: Dr. Vandad Yousefi  
Co-Chair: Dr. Sayeeda Hudani

Accredited for 6.5 Mainpro+ and 6.5 MOC Section 1 credits.

**MINDFULNESS WORKSHOP:**
**Cultivating Provider Resilience**

THU, OCT 25 | 1330-1630  
Fairmont Chateau Whistler  
Max 24 participants  
Cost: $150

Physicians are increasingly at risk for burnout and compassion fatigue, the profound exhaustion that helping professionals can develop through caring for others who are suffering or dying. This experiential workshop will explore the sources of physician stress and burnout, and introduce mindfulness as a practice that promotes physician resilience. The current evidence supporting the use of this modality will also be reviewed. Participants will experience mindfulness techniques directly through both group dialogue and individual reflective exercises, and design personal action plans for moving forward. Finally, further training opportunities and local resources will be discussed.

Workshop Chair: Dr. Rahul Gupta  
Moderated By: Dr. Joe Raath

Accredited for 3.0 Mainpro+ and 3.0 MOC Section 1 credits.
Call for Abstracts

The Canadian Society of Hospital Medicine will once again include a scientific session featuring Poster Abstracts. We are pleased to invite all individuals and organizations involved in Hospital Medicine in Canada and internationally, to submit their projects and research activities for publications in the Annual Conference Proceedings. Abstracts will be chosen by a panel of experts from the CSHM Research Committee on the basis of originality and scientific merit.

Abstract Themes

We invite submissions in:

1. Quality Improvement and Patient Safety
2. Innovations in designing hospital medical programs specifically, and inpatient care programs more broadly. Submissions could highlight projects to improve system efficiency, hospitalist involved in teaching and educational activities, post-acute clinics, and projects that address care transitions.
3. Clinical research targeting medical inpatients in a non-ICU setting
4. Case Reports

Submissions should highlight the work of hospitalists, other inpatient care physicians, and healthcare practitioners involved in the care of hospitalized patients.

Suggested Format:

Abstracts must present a clear, concise summary of the work. Do not include introductions, historical data, literature reviews, or bibliographies. We suggest the following format for submissions, but realize that some submissions may be primarily descriptive and not all subheadings may be relevant:

1. Background (for QI submissions, specify a clear project aim): What is the QI problem of interest? (preferably one sentence)
2. Aim: What is the aim of the QI project?
3. Methods: Including Improvement/Innovation a clear description of project interventions or any innovations implemented: What changes were implemented as part of the QI project?
4. Result and Measures: How do you know if your QI project led to an improvement?
5. Conclusions and implications for future research/projects. When describing a QI or re-design project, specify the actual and anticipated impact of the changes implemented.
6. Project Impact: Did your changes result in an improvement?
7. Lessons Learned: What were the implications and lessons learned?

Submission Process:

Abstracts will be chosen by a panel of experts from the CSHM Research Committee on basis of originality, relevance, and scientific merit. Preference will be given to studies that advance knowledge of Hospital Medicine programs in Canadian healthcare settings and their effectiveness in improving quality and resource utilization.

For the full details on the submission process and guidelines, please visit the website at: https://canadianhospitalist.ca/blog/call-abstracts-2018-whistler

Presenter Fees & Responsibilities:

- Presenting authors for selected submissions must register for the CSHM 2018 Annual Conference. Presenters will also be responsible for their own travel expenses and accommodations.
- Presenters will be directed to the Poster Presentation area on the morning of Friday, October 26, 2018.
- Authors should ensure Posters are displayed by 08:00 Friday morning, and be present by their Posters during breaks to answer any questions. Posters should be taken down no later than 17:00 on Saturday, October 27, 2018.
Conference Venue & Accommodation

Fairmont Chateau Whistler
4599 Chateau Boulevard
Whistler, BC VON 1B4
http://www.fairmont.com/whistler

Nestled at the base of Blackcomb Mountain, Whistler’s landmark hotel, The Fairmont Chateau Whistler, defines mountain resort elegance and comfort. In true Fairmont Hotels tradition, the Chateau Whistler promises a naturally spectacular, luxury resort experience. With convenient access to endless activities within steps of this grand chateau, you will enjoy a seamless blend of year-round adventure, exceptional dining and unsurpassed guest service during your stay in British Columbia’s finest alpine resort.

Special rates starting at $199 CAD per night + applicable taxes and resort fees are available to conference delegates at the Fairmont Chateau Whistler.

To Make a Reservation:
Book Online: https://aws.passkey.com/go/cshm2018
Or Call: 1-800-606-8244  Group Code: 1018CSHM

Experiencing Whistler

We welcome you and your family to Whistler this fall! We hope you can take time to enjoy the many sites and adventures that Whistler has to offer. Play hard, rest easy, wine and dine, attend an event, explore the arts, shop non-stop, commune with nature, or find the ultimate adrenaline rush.

Tourism Whistler has arranged special discounts on a variety of activities for our group. Visit the website below for exclusive offers on transportation, wine tasting tours, spa treatments, zipline adventures, ATV tours, and more!

https://www.whistler.com/delegates/shm
CANADIAN SOCIETY OF HOSPITAL MEDICINE
16th Annual Conference
Fairmont Chateau Whistler, Whistler BC
Oct 25-27, 2018

CONTACT DETAILS
Dr. Mr. Ms.

Urban Rural

Last Name Given Name(s)

Address

City Prov/State Postal Code

Email (required) Telephone

CONFERENCE FEES
Register online: www.ubccpd.ca/cshm2018
Member discount applies only to existing CSHM members. Please sign up for membership BEFORE registering for the conference. https://canadianhospitalist.ca/about/membership

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<td>$604</td>
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<td>Allied Health Professional</td>
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<tr>
<td>Resident/Student</td>
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CONCURRENT WORKSHOP SELECTIONS:

Friday 15:40
Select 1

A B C

Saturday 08:00
Select 1

D1 E1 F1 G1 H1

Saturday 09:45
Select 1

D2 E2 F2 G2

H1 workshop is 3 hours

PRE-CONFERENCE COURSES:

☐ HOUSE IM COURSE (Hands-On Ultrasound Education)
  Thu Oct 25 | 0800-1645 | Fairmont Chateau Whistler
  Fee includes course materials, breakfast, refreshments, and lunch.
  Cost: $1400 (max 12 participants)

☐ LEADERSHIP COURSE
  Thu Oct 25 | 0800-1630 | Fairmont Chateau Whistler
  Fee includes course materials, breakfast and refreshments.
  Cost: $250 (max 35 participants)

☐ MINDFULNESS WORKSHOP
  Thu Oct 25 | 1330-1630 | Fairmont Chateau Whistler
  Fee includes course materials and refreshments.
  Cost: $150 (max 24 participants)

PAYMENT BY MAIL OR FAX

Please do not email this form

$ VISA MC

TOTAL AMOUNT DUE

Name of Cardholder Signature

Credit Card Number Expiry Date

*No refunds or transfers, unless you cancel in writing by October 8, 2018. A $100 processing fee will apply.

DIETARY REQUESTS OR ALLERGIES:

Severity: HIGH or LOW
(foods can be in the same room, but well labeled)
16th Annual Conference ~ Organizing Committee

Sayeeda Hudani, MD, CCFP(EM), Conference Chair, Royal Columbian Hospital, New Westminster BC
Randy McCuaig, MD, CCFP, FCFP, Conference Committee Member, Delta Hospital, Delta BC
Pol Morton, MD, CCFP, Conference Committee Member, Burnaby General Hospital, Burnaby BC
Brittany Moulson, MD, Conference Committee Member, Peace Arch Hospital, White Rock BC
Joe Raath, MD, CCFP, FCFP, Conference Committee Member, Royal Columbian Hospital, New Westminster, BC
Willem Richards, MD, MCFP, Conference Committee Member, Ridge Meadows Hospital, Maple Ridge BC
Preea Sahota, MD, Conference Committee Member, Ridge Meadows Hospital, Maple Ridge BC
Omar Sharif, MD, CCFP, Conference Committee Member, Surrey Memorial Hospital, Surrey BC